



## Motivation Formula: Conclusion Activity for Overview Lesson

Have students complete the following activity on the Introductory Activity page for Motivation Formula.

Have students list some examples of their passion, purpose, or interests.

Have the students write about and/or draw a picture about what their dream is. Have them include what they especially love to do (passion), what they may be good at or have a special talent for (purpose), or what they would like to learn to become or do (interest). Students could take turns sharing with the class. Helping students to plug in to their passion, purpose or interest is a very important motivation to keep trying.