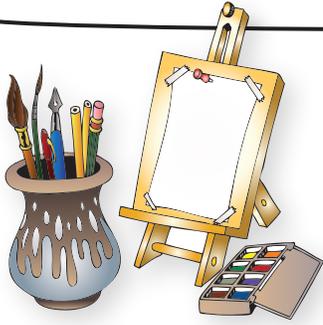


# Lift the Weight Art Prompt 1



Draw a picture of you "lifting" the things that give you "resistance."