## **Emotional Fuel**

Can you charge a battery with Do you know how to fix a dead battery? just a positive connection? **Disappointment** Self-Respect Anxiety Confusion Hopeful Love Shame Anger Relaxed Sorrow Happy Loneliness Rejection Accepted Stress Fear Pride calm Gratitude

What are some positive things people do as a result of the emotions they feel?

What are some negative things people do as a result of the emotions they feel?

Remember: All emotions are fuel!