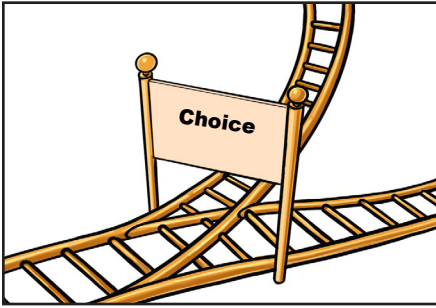
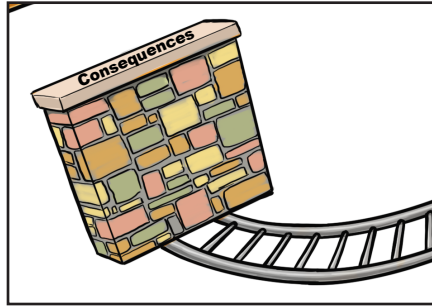




Reality Ride Resilience Booster Worksheet



What is the choice to make?



What is the “Easy Fast”
consequence?



What is the “Harder but
Worth it” opportunity?
