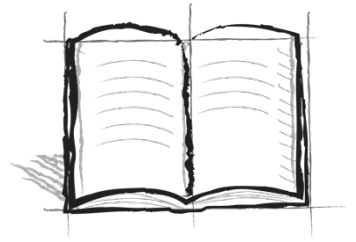


Reality Ride Journal Booster Assessment



Where do you see yourself on the “Reality Ride”? On a copy of the ride, mark where you see yourself with a star or stick figure. Why did you put yourself there?

Have you ever gotten into trouble for the same thing over and over? How have you gotten out of the loop in the past?

List your areas of strengths. Try to think of at least five.

_____	_____
_____	_____
_____	_____
_____	_____

How can these strengths help you on your Reality Ride?