

# Desire, Time, Effort

## Objective Overview and Vertical Alignment

Key Skill: Goal Setting / Hardwork



1 - 2

The 1st and 2nd grade Desire, Time, Effort metaphor will be a puzzle in the process of being put together. The metaphor requires a clear picture in order to put all the pieces together. It is a lot easier to accomplish something if you know what you are trying to do. This facilitates the discussion about learning to create daily goals to know what you are trying to accomplish.

Imagine trying to put together a puzzle without knowing what the end result is going to be.

### Key Objectives

- When I finish something, I feel good about myself.
- I can explain that a goal is anything I plan to accomplish.
- I can share ideas on how



3 - 4

The 3rd and 4th grade Desire, Time, Effort metaphor will use a finish line to help students learn how to set clear goals they are striving to accomplish. If you cannot set a goal and know what you are working toward, you cannot cross the finish line. Along the way there can be distractions, but with a clear goal you can stay on the right track. It will require hard work and determination to keep going.

### Key Objectives:

- When I finish something, I feel good about myself.
- I can set goals for myself
- I can identify strategies to help me accomplish my goals including not giv-



5 - 6

The 5th and 6th grade Desire, Time, Effort metaphor is about hiking to the top of a mountain. The top represents the goals we set for ourselves, but to accomplish those goals it is going to require hard work. There are four stages depicted in the metaphor. We will go through each stage to represent the emotions and stages we go through on our journey to accomplish any of our goals.

Anytime we work toward a goal there will be stages of planning and enthusiasm, frustration and exhaustion, sense of success called the accomplishment zone as well as the satisfaction of reaching the top.

### Key Objectives:

- I can explain what a goal is.
- I can create long term goals.
- I can create a plan for achieving the goals I set.

I will accomplish any goal I set.

- Every day I can set goals that help me.

ing up (keep going) and avoiding distractions.

- I can explain the relationships between hard work and goals.
- I can define hard work as a combination of desire, time, and effort.
- I can explain how desire, time and effort relate to one another.