

A large yellow pencil graphic is positioned vertically on the left side of the page, with its tip pointing upwards. The pencil has a pink eraser at the top and a silver ferrule. The body of the pencil is yellow with a black outline. The page is framed by a thick yellow border.

Journal Activity

What is expected of you (rules) by your parents (at home)?

What is expected of you (rules/laws) by society (school, neighbors, etc.)?

What is expected of you by yourself (self-discipline)?

How do these expectations (resistance) make you stronger?