Motivation Formula: Stepping Stones Processing Questions

- In the song, it says that no one can avoid all the trials, but what are some things you can do to turn your trials into something positive?
- In what ways can your problems be a "stepping stone," or how can an obstacle be "a road to opportunity"?
- What are some lines from the song that help you know how to get out and stay out of the flood zone?

Other discussion questions or ideas: