Defense Mechanisms (Song 2) Processing Questions

- The first line asks, "Why do I let other people push my buttons?" What do other people do that make you angry?

- Another line says, "We give up control but think we still got it." What do you think the artist means by that?

- Another line says, "'Cause it is easy to tear down but hard to build." Is there anyone in your life that you tear down? What does that line mean to you?

Other discussion questions or ideas: _____